




2023 - 2024
Raytown Quality School District
September
After School Meal Program
Northwood & RSA



 - denotes menu item may contain pork products

Revised: 6/22/2023

				FRIDAY 1
				NO ASMP
MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8
NO SCHOOL	No Nut Butter Meal Break Vegetable Juice Applesauce WG Strawberry Crackers Milk	WG Croissant Sandwich Fresh Tomatoes Apples Whole Milk	WG Turkey & Cheese Sandwich Baby Carrots Raisins Milk	Uncrustable Vegetable Juice Applesauce Milk
MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
BBQ Chicken Bites Sunflower Seeds Vegetable Juice WG Cheez-Its Raisins Milk	WG Sandwich Deli Baby Carrots Fresh Orange Milk	WG Croissant Sandwich Sliced Cucumbers Apples Whole Milk	WG Turkey & Cheese Sandwich Baby Carrots Raisins Milk	Uncrustable Vegetable Juice Applesauce Milk
MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
Beef & Cheese Stick Vegetable Juice Strawberry Applesauce WG Cheez-Its Milk	WG Sandwich Deli Baby Carrots Fresh Orange Milk	WG Croissant Sandwich Fresh Tomatos Apples Whole Milk	WG Turkey & Cheese Sandwich Baby Carrots Raisins Milk	Uncrustable Vegetable Juice Applesauce Milk
MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
Turkey & Cheese Stick Sunflower Seeds Vegetable Juice Applesauce WG Mini Grahams Milk	WG Sandwich Deli Baby Carrots Fresh Orange Milk	WG Croissant Sandwich Sliced Cucumbers Apples Whole Milk	WG Turkey & Cheese Sandwich Baby Carrots Raisins Milk	Uncrustable Vegetable Juice Applesauce Milk

"This institution is an equal opportunity provider."

We reserve the right to make substitutions to the menu.

WG = Whole Grain